

Holman Middle School

2017 Athletic Physical Event with G2 ORTHOPEDICS AND SPORTS MEDICINE

The HMS Athletics Department is gearing up for the 2017-2018 school year and would like to welcome all future and current Huskie athletes to our Spring Physical Event. In order to try out for any sports teams next year, students will need a valid ATHLETIC PHYSICAL dated on or after May 1, 2017. **These are being offered by Dr. Vic Goradia of G2 Orthopedics & Sports Medicine in the Holman Middle School Gymnasium on Wednesday May 31 at 3:30 p.m.**

- ① Physicals dated **before May 1, 2017** will **NOT BE VALID** for the 2017-2018 School Year. These physicals must be completed by the parent/guardian and doctor on the approved **Middle School Athletic Physical Form** (link below).
- ① Parents/ Guardians: please complete the **TOP HALF** of the **Middle School Athletic Physical Form** provided in the link below before arriving at the event. This must be filled out completely in order for your child to participate, including **MEDICAL INSURANCE** information. The grade level listed should be for the 2017/2018 school year.
- ① Bring the **Middle School Athletic Physical Form** with you to the physical event along with **\$20**. Checks can be made payable to *G2 Orthopedics & Medicine*. **Half of the money collected will be donated to the HMS Athletic Department!**
- ① Physicals given this day will be valid for the entire 2017-2018 school year. **Copies will be made and given to each individual completing a physical at the event.**
- ① Rising 9th-12th grade students are welcome to attend. **High School athletes must use the VHSL form, which can be found at the link below.**
- ① All other mandatory sports forms (**Concussion policy & Student Contract**) will be available for you to sign at the event.
- ① **The middle school physical form can be downloaded at:**
<http://henricoschools.us/pdf/Schools/StudentAthleticParticipationFormMS.pdf>
- ① **The VHSL physical form can be downloaded at:**
<http://henricoschools.us/pdf/Schools/StudentAthleticVHSLParticipationForm.pdf>

MAY 31 at 3:30 p.m.
Holman Middle School Gymnasium
CASH or CHECKS made out to G2 Orthopedics!

Questions? If so, contact:

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